

Empowering Smart Choices in a Digital World

Smart **GEN** Society

At Smart Gen Society, we are dedicated to promoting digital safety best practices, raising awareness about online exploitation, and protecting individuals from the growing risks of the digital world. Our mission is to empower youth, parents, educators, and communities to make smart, healthy, and informed online choices.



Programming for Churches

We present researched based curriculum for grades K-12 and the adults in their lives. In a world of increasing online interactions through gaming, entertainment, and social media our kids are connected 24/7 and it can be hard to navigate online spaces while maintaining privacy and health.

Smart Online Safety

Grades K- 2

Topics covered:

- Activities to do offline
- Teaming up with your safe adult to choose online activities
- How to recognize a problem and ask for help

Grades 3-5

Topics covered: Each presentation is tailored to be age appropriate

- How to balance screen time and finding different ways to unplug from devices
- Safer online gaming
- Importance of privacy and online safety
- How to recognize and respond to cyberbullying and online exploitation
- Open communication surrounding digital spaces and devices with caregivers

Empowering the Smart Gen

Grades 6-8:

Topics covered:

- How to communicate with parents about screen time/ parental controls
- How to recognize and combat cyberbullying and online exploitation
- Importance of prioritizing mental health and screen free activities
- How to navigate social media and online gaming spaces to maximize health and safety

Grades 9-12:

Topics covered:

- How to transition into self-monitoring screen time and online activities
- Recognizing and responding to online exploitation
- Protecting their mental health- why is social media so addictive
- Tips on how to safely navigate online spaces: privacy considerations



Programming for Churches, contd.

Parents and Caregivers

Raising Resilient Children in a Digital Age

For all parents and caregivers. Protecting your family's well-being, safety, and privacy in our ever-changing digital world. From early access to technology and increasing digital-based anxieties, we'll inform you of the long-term impacts of our digital choices and help you set healthy boundaries towards screen time limitations and account restrictions.

Topics covered:

- Developmental, emotional, and psychological impacts of online interactions
- Developmentally appropriate approaches to regulating screen time and gaming
- An in-depth exploration of trending applications and how to successfully implement a Family Digital Plan
- How open-communication can keep your family safe online

Youth Staff and Social Services

Providing information to you on the latest trends and changes in our online environments. Best practices for promoting healthy and safe online behaviors for students.

Topics covered:

- Developmental, emotional, psychological impacts of student's access to 24/7 digital devices and social media usage
- Professional social media best practices
- Strategies for managing social media issues and cyberbullying
- Impact of social media and gaming on students
- How to support student and families to help keep students safe online

Online Safety for Aging Adults

This workshop is for aging adults and can be tailored for their caregivers. Aging adults are faced with unique challenges when navigating online spaces. They will learn to keep their banking, healthcare, and other personal information safe and avoid online scams. Best practices for communication via email and social media will also be covered.