

## ***Tentative Mom/Preteen Daughter Retreat Schedule:***

### **Friday**

4:00 - 7:00	Check in and get settled any time. Can park in parking garage or at UNL chapel
7:00	Welcome! Opening devotion Casting vision Trivia game for moms and daughters to do together
8:00	Different activities, games, crafts, nails, puzzles, Tik Tok) Mom orientation in a different room Popcorn bar
9:00	Wander back to rooms at Embassy Suites

### **Saturday**

8:00	Breakfast at Embassy Suites, walk over to Chapel.
9:00	Devotions
9:30	Jazzercise or Yoga
10:30	Relaxation together
11:00	Strength Finders discussion
12:00	Lunch at the Chapel
1:00	Goose Chase Scavenger Hunt downtown
2:00	Friendship discussion - girls talk with High School girls directly Moms - friendship and your girls

3:00	Moms walk to UNL Chapel and meet up with their daughters. 'Daughter and me' dinner out on the town
4:00	Dr. Deb Placek, OB for Moms with a Q and A time Skin Care for girls & fun photo shoot with our photographers Girls making secret gift for moms
5:00	Journal making time for girls Mom time at Embassy suites Manager's Reception. Rotating Mom discussion time. At this time, moms are given nighttime devotions to do with their daughter.
6:00 or 6:30	Moms walk to UNL Chapel and meet up with their daughters. 'Daughter and me' dinner out on the town (since their cars are at the Chapel)
evening:	Pool time, game time in the commons at Embassy Suites or movie night at UNL chapel... or moms/daughters could go to the movies at the Grand. Bedtime whenever moms & daughters want.

## Sunday

8:00	Breakfast, then leisurely check out of hotel/Walk or drive over to Chapel
9:00	Service Project - "Days for Girls" international mission
10:30	Devotional music & prayer time Devotional message
11:30	Debrief, yarn interconnections, takeaways, Mom/Daughter Blessing time
12:00	Homeward bound!